



आचार्य मनिष र. जोशी
सचिव

Prof. Manish R. Joshi
Secretary



विश्वविद्यालय अनुदान आयोग
University Grants Commission
(शिक्षा मंत्रालय, भारत सरकार)
(Ministry of Education, Govt. of India)

F.No. 8-8/2025(ARC-MISC-Saha/AP)

23 पौष, 1947/13th January, 2026

विषय : Circulation of UGC Guidelines on Uniform Policy on Mental Health & Well-Being for Higher Educational Institutions – Seeking Comments from Stakeholders -reg.

आदरणीय महोदय / महोदया,

The University Grants Commission (UGC), in its 594th meeting considered and approved the "UGC Guidelines on Uniform Policy on Mental Health & Well-Being for Higher Educational Institutions."

In order to ensure inclusivity and broad-based participation, the Commission has resolved to place these guidelines in the public domain for a period of 15 days to invite comments and suggestions from all stakeholders, including students, faculty members, administrators, and civil society representatives.

The guidelines are available on the UGC website: www.ugc.gov.in. You are requested to kindly:

- Disseminate this information widely within your institution.
- Direct all colleges under your ambit to act on this communication and circulate the guidelines among their students, faculty, and staff for getting suggestions.
- Encourage all stakeholders to go through the guidelines and send their comments/suggestions by email to *Dr. Sunita Siwach, Joint Secretary, UGC at ssiwach.ugc@nic.in* before 29th Jan, 2026.

Your cooperation in facilitating this consultative process will greatly contribute to strengthening the framework for mental health and well-being in higher education institutions across the country.

सादर,

सेवा में,

1. सभी विश्वविद्यालयों के कुलपति
2. सभी राष्ट्रीय महत्व के संस्थानों (आईआईटी, आईआईएम आदि) के निदेशक।

भवदीय,
मनिष जोशी
(मनिष जोशी)

16/01/26
SC-PA

DR (Manish Joshi)
Ph. Circulate
16/01/26
Mr. Jagat Singh
pls do check
regarding
16/01/26